

1.

Set up an effective  
REVISION programme

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A good place to start is to colour code your subjects


This may seem like a waste of your valuable time, but you need to be clear about what your strengths and weaknesses are and use this information to your advantage.

Be honest and realistic. Based on your performance in the last mock exam, rate your subjects as either:

- strong**
- work in progress**
- weak.**

Once you have colour coded your subjects under these three headings you will have a clear idea of how to balance your revision so all of your subjects benefit.

Turn to the table on the next page to get started...




**LOOK back over  
your last mock  
result. THINK about  
the grade you need  
to achieve in the  
summer...**



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## Creating **Your Revision Timetable** Important things to take into account:

- ✓ You need to spend 2 hours a day/ night revising. This is 2 hours in addition to any homework that you have.
- ✓ Consider when you get in from school, when you eat, when your home is at its busiest etc!
- ✓ Timetable extra-curricular activities, for e.g. Scouts / Guides / Dance / Football etc.
- ✓ Timetable rest breaks.
- ✓ Timetable exercise – get some fresh air – walk the dog!
- ✓ Be creative about how to use your weekend time.
- ✓ Include any work commitments you have.
- ✓ And don't forget your family responsibilities and quality family time.



**Take control of  
your revision.  
Don't let it  
control you.**

### **TIP**

Think carefully about how you are going to place the different subjects. Use your colour code as a guide – treat your revision timetable in the same way as you would treat your diet. You need a balance of all of the different colours. If you only focus on your weak subjects you may find it hard to stick to your plan. You need lots of small victories. Boosting your confidence with a positive hour with a strong subject will help you make progress with the weaker ones.

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## Have a look at this example below:

	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
Monday	Walk home from school	Rest break	French tenses	Dinner	Maths fractions	
Tuesday	Walk home & Dinner	Geography earthquakes	Maths vectors	Football	Football	
	9-10am	10-11am	11-12pm	12-1pm		
Saturday	Sleep	Breakfast	Maths Algebra	English Reading skills	Rest	Rest

- ✓ The **red weak subjects** have been placed at the start of the evening's revision as you will be fresher. This means you will be tackling the difficulties earlier in the evening.
- ✓ In this example, on Monday and Tuesday the revision sessions that you end with are **green strong subjects**. That means you finish the day on a positive note and go to sleep with a feeling of confidence and achievement.
- ✓ On Saturday and Sunday it is important to set a goal that you will stick to – here the subject is green to start on a positive note. An **orange work in progress subject** has been placed after to add some challenge whilst you are fresh at the weekend.

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### Weekday Revision – during term time

	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						

**Think carefully about when and where to place a subject on your timetable**

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## Weekday Revision – during the holidays

You choose the time slots that best suit you.

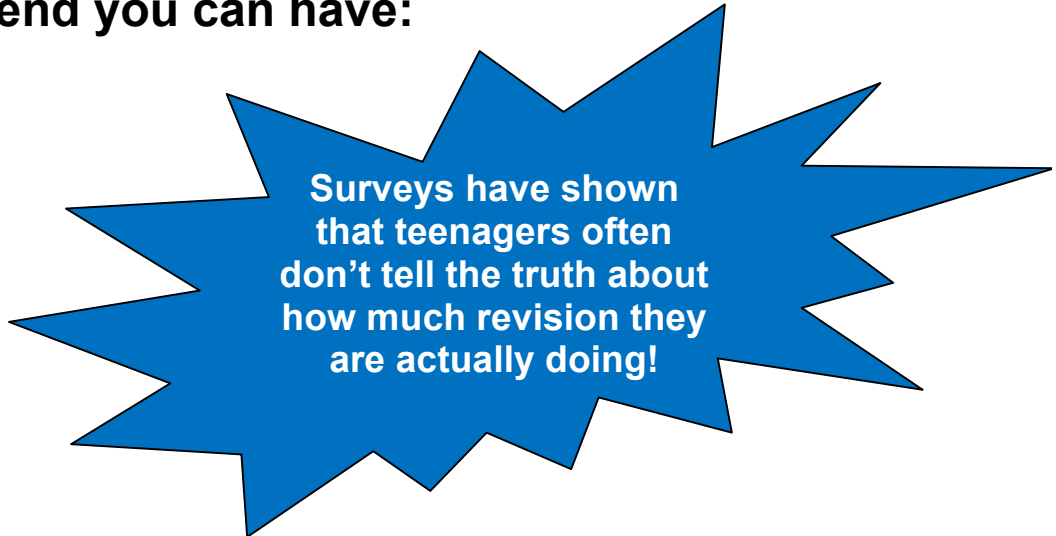
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						

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**A WEEKEND is your secret revision weapon.**

**If you plan your time carefully during the weekend you can have:**

- **Bonus revision time.**
- **Time with your friends.**
- **Exercise.**
- **A lie in.**
- **Fun!**



Choose the time slots that best suit you.

Saturday						
Sunday						